



# Conversion Chart

Provided is a conversion chart to make the transition from Red cross to Swim for Life as seamless as possible. These charts are based on what level they are currently in, not based on completion. E.g (a child who just completed level 1 of the Red Cross swim program would move to Swimmer 2 in the Swim for Life program)

## Red Cross

(Past)

Starfish

Duck

Sea Turtle

Sea Otter

Salamander

Sunfish

Crocodile

Whale

Level 1

Level 2

Level 3

Level 4 & 5

Level 6 & 7

Level 8, 9 & 10

## Swim for life

(Current)

Parent & Tot 1

Parent & Tot 2

Parent & Tot 3

Preschool 1

Preschool 2

Preschool 3

Preschool 4

Preschool 5

Swimmer 1

Swimmer 2

Swimmer 3

Swimmer 4

Swimmer 5

Swimmer 6

### What's next?

Under 13?

Rookie, Ranger, Star

Over 13 and/or  
completed Bronze Star

Bronze Medallion & Cross